

# **HEALTH & WELLBEING BOARD**

Subject Heading:

**Board Lead:** 

**Report Author and contact details:** 

Update on obesity workings and proposed approach to future strategy development

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# The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

	The wider determinants of health
	<ul> <li>Increase employment of people with health problems or disabilities</li> </ul>
	Develop the Council and NHS Trusts as anchor institutions that consciously seek to
	maximise the health and wellbeing benefit to residents of everything they do.
	• Prevent homelessness and minimise the harm caused to those affected, particularly rough
	sleepers and consequent impacts on the health and social care system.
$\square$	Lifestyles and behaviours
	The prevention of obesity
	• Further reduce the prevalence of smoking across the borough and particularly in
	disadvantaged communities and by vulnerable groups
	• Strengthen early years providers, schools and colleges as health improving settings
	The communities and places we live in
	Realising the benefits of regeneration for the health of local residents and the health and
	social care services available to them
	• Targeted multidisciplinary working with people who, because of their life experiences,
	currently make frequent contact with a range of statutory services that are unable to fully
	resolve their underlying problem.
	Local health and social care services
	<ul> <li>Development of integrated health, housing and social care services at locality level.</li> </ul>
	BHR Integrated Care Partnership Board Transformation Board
	Older people and frailty and end of life     Cancer
	Long term conditions     Primary Care
	Children and young people     Accident and Emergency Delivery Board
	Mental health     Transforming Care Programme Board
	Planned Care



# SUMMARY

A presentation will be delivered to give the board an overview of workings which have taken place since the last update on Haverings Obesity Prevention workings.

The board will then be delivered an overview of a proposed approach for developing a new longer-term obesity strategy. Underpinning this strategy will be taking a Whole Systems Approach with partners to work across the interacting causes of obesity.

#### RECOMMENDATIONS

The board is asked to:-

- Approve the proposed approach to refresh the Havering Prevention of Obesity Strategy.
- To endorse and support a long-term Whole Systems Approach for the new Havering Obesity Strategy.

# **REPORT DETAIL**

The pandemic has resulted in officer's time being diverted away from obesity limiting the progress being made. Despite this new workings have taken place locally and nationally. This update will provide oversight on the new workings such as the government's new obesity strategy as well as funding for a local weight management service.

The presentation will then update on how Havering proposes to prevent obesity growing locally through utilising a Whole Systems Approach working with local partners across the borough. The board will receive a proposed approach to refreshing the Havering Obesity strategy.

Presentation to follow after the meeting.

## IMPLICATIONS AND RISKS

None

## **BACKGROUND PAPERS**

None

